

3/17/17 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

HAPPY ST. PATRICKS DAY 2017

OPM

Memorandum regarding four new academic agreements that offer Federal employees reduced tuition rates/scholarships to pursue post-secondary education.

<https://www.chcoc.gov/content/four-new-academic-agreements-offer-federal-employees-reduced-tuition-rates-and-scholarships>

Telework & Dependent Care Guide

<https://www.telework.gov/guidance-legislation/telework-guidance/telework-and-dependent-care/>

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POTENTIAL SCAMS

Don't Fall for a Fake Retirement Scam | <https://www.opm.gov/Blogs/Retire/>

Federal Trade Commission | <https://www.consumer.ftc.gov/articles/0048-government-imposter-scams>

###

AMERICAN VETERAN SHOW

Saturday's | 6:00 - 7:00 am | KOA 850AM or 94.1FM

<https://www.americanveteranshow.com/>

The American Veteran Show is for and about our Veterans. The goal of the program is to highlight Veterans and issues, feature news makers and bring memorable stories. Steffan Tubbs, the host of the show would love to hear your story of service, or the story of someone in your family who has served. Who knows, he may do a feature in an upcoming program! Simply send your story idea to info@americanveteranshow.com

###

CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

MARCH

FEMALE VETERAN'S WORKSHOP

March 18, 2017 | 9:00 am - 2:00 pm | Security Field, Sky Sox Stadium Conference Rm, 3d Floor
| 4385 Tutt Blvd, Colorado Springs, CO | Free, Limited space |

Celebrating Women in the Military – Join guest speaker Kiley Battaglin, A Vietnam Nurse's Viewpoint. For more information, please contact Doreen Bronner at 703 298 5874 or Deb Davis at 720 771 0344

###

WEBINAR - MENTAL HEALTH

March 23, 2017 | 10:00 am MST | Free, you must register

https://hhs-hp.webex.com/mw3100/mywebex/default.do?nomenu=true&siteurl=hhs-hp&service=6&rnd=0.9844280810125151&main_url=https%3A%2F%2Fhhs-hp.webex.com%2Fec3100%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000003a8c040f748fd11bf669c759f810194ba2c350ec1f4124b2b70002f0f7a4ff90f%26siteurl%3Dhhs-hp%26confViewID%3D1759238941%26encryptTicket%3DSDJTSwAAAAANrgW_xqjoXEhCMpm8luSaFe81Yu2Xd4w95QpxMm8JDBg2%26

Learn about progress made toward achieving the Healthy People 2020 Mental Health Leading Health Indicators. You'll also hear how one community organization is implementing the Sources of Strength Program to prevent suicide among youth.

###

HUD - Delivering Opportunities & Outcomes for Communities: Place-Based Training

March 23-24, 2017 | 9:00 am - 4:15 pm | HUD Denver Office | 1670 Broadway, 25th Fl, Denver, CO

CONTACT | Sebastian Dawiskiba | 303 672 5012 | sebastian.dawiskiba@hud.gov | Register <https://www.hud.gov/emarc/index.cfm?fuseaction=emar.registerEvent&eventId=3006&update=N>

The U.S. Department of HUD - Denver Regional Office is hosting a basic entry-level place-based initiative course to provide Region VIII federal government staff working in diverse communities with the skills, resources and new perspective to improve community outcomes.

###

FEDERALLY EMPLOYED WOMEN'S ROCKY MTN REGIONAL TRAINING PROGRAM

March 24, 2017 | 7:00 am - 4:00 pm | Embassy Suites, 7290 Commerce Drive, Colorado Springs, CO | Cost: \$120 for members; \$140 for non-FEW members | Shannon Mahan | 303 236 7928 | rockymountainrm@few.org | Website: <http://rockymountainfew.org/>

The Columbine Chapter of Colorado Springs has been working hard to prepare an amazing training experience for you. There will be finance, health, career advancement tips, keynote speakers like engineer Jill Tietjen, and best of all, women from all walks of government in a fun and relaxed atmosphere. Prices are a bargain and include lunch and snacks!

###

THE BREAKFAST CLUB SERIES: How to Avoid “Death by PowerPoint”

March 23, 2017 | 8:00 – 9:00 am | CFEB Training Room | DFC, Lakewood CO | Free | Online Registration Required | <https://colorado.feb.gov/register/?ee=391>

Discover the secrets and best practices for creating and delivering your message with a PowerPoint presentation:

- ♦ Four key parts to a PowerPoint presentation
- ♦ Saving time with the PowerPoint Master Slide
- ♦ Tips for working with bullet slides
- ♦ Adding and using effective graphics
- ♦ Quick ways to engage audiences with multi-media, animation, and hyperlinks
- ♦ Explore insider secrets to professionally deliver a PowerPoint presentation

Trainer | Dawn Bjork | The Software Pro

###

THE BREAKFAST CLUB SERIES: Phase Retirement

March 29, 2017 | 8:00 – 9:00 am | CFEB Training Room | Denver Federal Center | Lakewood CO
Free | Online Registration Required | <https://colorado.feb.gov/register/?ee=381>
Are you eligible & is it to your benefit to take it if you are?

###

APRIL AND BEYOND

LAKWOOD COMMUNITY EMERGENCY RESPONSE TEAM (CERT) TRAINING

April 1, 2017 | 8:00 am - 5:00 pm

April 8, 2017 | 8:00 am - 5:00 pm

April 15, 2017 | 8:00 am - 5:00 pm

Location | Lakewood City Hall | 480 S. Allison Pkwy, Lakewood, CO | Cost: Free | CONTACT | Declan Costelloe | 303 886 9133 | dcostelloe.cert@gmail.com

Community Emergency Response Training (FEMA Course IS-317) teaches participants how to plan for an emergency and trains them in basic disaster response skills, including fire safety, light search and rescue, team organization, and emergency/disaster medical operations and disaster psychology. The training also addresses terrorism.

###

WELLCHECK 2016 BRIEFING

April 3, 2017 | 12:00 - 1:00 pm MST | Register at: https://events-na3.adobeconnect.com/content/connect/c1/1019090678/en/events/event/private/1021470544/1897554061/event_registration.html?sco-id=1897482721& charset =utf-8

###

PREP CONNECT 360

April 3-7, 2017 | 9:00 am - 4:00 pm | Pikes Peak Workforce Center | 1675 Garden of the Gods Rd, CO Springs, CO | Seats are limited, so reserve your seat by emailing your 2 page resume to prepconnect360@gmail.com

5-Day advanced job seeker's workshop for Veterans, Active Duty, Guard/Reserves, & Military

###

2017 MILITARY & VETERANS EMPLOYMENT EXPO (MVEE) - AURORA

April 7, 2017 | Training Classes | Community College of Aurora | Classroom Bldg., 16000 E. Centretech Parkway, Aurora, CO

April 14, 2017 | Hiring Event | 9:00 am - 3:00 pm | Classroom Bldg., 16000 E. Centretech Parkway, Aurora, CO 80011

Registration is for classes and details on employers www.mvee.org

Exclusively offered to Active Duty, Veterans and their Spouses; the MVEE expo invites these uniquely talented workers to take advantage of free job skills workshops, training, and counseling.

CONTACT | Rebecca Sawyer Smith | rebecca.smith1@va.gov

###

VOLUNTEER ORGANIZATIONS ACTIVE IN DISASTERS (VOAD) CONFERENCE

April 23-25, 2017 | <https://www.eventbrite.com/e/mountain-west-voad-conference-2017-tickets-29799115958?aff=eivtefrnd>

You are invited be part of a growing group of VOAD's in the Mountain West area. The Mountain West VOAD Conference will be providing an opportunity for organizations, agency and individuals (volunteer, non-profits, faith-based, government, etc.) to increase their understanding and skills to respond successfully to all types of disaster.

###

PUBLIC SERVICE RECOGNITION WEEK – VIRTUAL 5K IN COLORADO!

May 7, 2017 | ANYTIME! It's a Virtual 5K! | ANYWHERE in Colorado

Website: <http://publicservicerecognitionweek.org/index.shtml>

Cost | Early bird pricing is as follows: Single Virtual/Remote – \$20 or Team (5 people) – \$80
After April 1, 2017, prices increase to: Virtual/Remote – \$25 or Team (5 people) – \$125
Small processing fee from RunSignUp registration web site added at end of registration order.
Colorado Participants register as a virtual/remote runner/walker, or with a team (up to 5 people). Registered Virtual/remote participants receive a T-shirt in the mail.
Children 5 and under are free. Team registrations require a one payment for all participants – please be ready to register your entire team and pay the full fee.

Join our fellow Federal colleagues as virtual/remote participants by running and walking at a location of your choice in Colorado in support of Public Service Recognition Week. The 2017 goal is 1000 participants! Over its thirty year history, the Federal Employee Education and Assistance Fund (FEEA) has supported more than 50,000 Federal families all across the United States and from almost every Federal department and agency, with emergency loans, disaster relief grants, scholarships, and childcare subsidies.

CONTACT | Michelle Verges | 720 847 6371 | michelle.verges@us.af.mil or Tamara Vugrin | 720-847-6409 | tamara.vugrin@us.af.mil

###

BASIC MEDIATION COURSE

May 8-12, 2017 | Denver Federal Center | CFEB Training Room, Bldg. 25, Room 1442 | Online registration is required: <https://colorado.feb.gov/register/?ee=390>

COST: \$425.00 per student | Questions: 303 202 4588 | iconn@colorado.feb.gov

For those interested in becoming mediators or improving their conflict resolution skills!

COURSE TOPICS OVERVIEW

- ♦ Overview of Alternative Dispute Resolution processes
- ♦ Principles of mediation, Stages and goals of mediation process
- ♦ The role of the mediator
- ♦ Nature of conflict/behaviors in conflict
- ♦ Mediation skills, including negotiation skills, interactive listening, question-asking, use of neutral language, reframing, interest identification, addressing barriers to agreement, agreement writing
- ♦ Cultural diversity
- ♦ Working with attorneys and representatives of parties
- ♦ Ethical issues, including confidentiality, impartiality, informed consent, & conflict of interests

Teaching methods will include lecture, large and small group discussion, interactive exercises, and coached role-playing. Students will participate in mock mediations under the supervision of experienced mediators, who will provide feedback to support and facilitate learning. Upon successful completion of the course, students will receive a certificate.

TRAINERS | Matt Jarvinen, JD & Robin McDonald, JD | Private Sector Mediators and Trainers

###

2017 MILITARY & VETERANS EMPLOYMENT EXPO

May 16-17, 2017 | Training Classes | Pikes Peak Community College | 5675 S. Academy Blvd, CO Springs, CO

May 18, 2017 | Hiring Event | 8:00 am - 3:00 pm | 3650 N. Nevada Ave, CO Springs, CO

Exclusively offered to Active Duty, Veterans and their Spouses, the expo invites these uniquely talented workers to take advantage of free job skills workshops, training, and counseling.

Registration is by Email only | Bill Price | wprice@manconinc.com

###

DENVER CHAPTER AGA - 31st ANNUAL PROFESSIONAL DEVELOPMENT TRAINING

May 17-18, 2017 | 8:00 am - 5:00 pm | Business Tech Center | 8301 E. Prentice Ave, Suite 400, Greenwood Village, CO | Cost: See registration website for details | Register:

https://docs.google.com/forms/d/e/1FAIpQLSeiapqjFq4UbnSHyclxIW07_XVVMMcabQGMA3_I_SpdLfZ1iZg/viewform

The Denver Chapter of the Association of Government Accountants (AGA) presents their 31st annual professional development training "Navigating through Transition". Join Mr. Doug Glenn, AGA National President as he will give the keynote speech and many other professionals in this two-day training.

CONTACT | Jackie Schmuhl | jacqueline_e_schmuhl@ibc.doi.gov or Mike Novick | mikeal_novick@ibc.doi.gov

###

33rd ANNUAL FED CUP 5K RUN, WALK & KIDS FUN RUN

May 20, 2017 | 8:15 am | Denver Federal Center, Bicentennial Park | Cost: \$17.96 (includes online fee) | Register | www.runningguru.com/website/fedcup5k or <http://www.runningguru.com/eventinformation.asp?eid=17415>

CONTACT | Renee Varin Potratz | renee.varinpotratz@dcma.mil

###

NWS - SEVERE WEATHER SPOTTER TRAINING

May 22, 2017 | **Basic Spotter Training** | 10:00 – Noon

May 22, 2017 | **Advanced Spotter Training** | 1:00 – 3:00 pm

CFEB Training Room | Denver Federal Center, Bldg. 25, Rm 1442 | FREE
ONLINE REGISTRATION REQUIRED: You will need to register for one or both:

Basic Class | <https://colorado.feb.gov/register/?ee=392>

Advanced Class | <https://colorado.feb.gov/register/?ee=393>

TRAINER | Scott Entrekin, National Weather Service

The National Weather Service in Boulder has tools to see storms including Doppler radar, satellite images, and rain gauges. Spotters report hail size, rainfall rates, the extent of flooding, funnel clouds and tornadoes, snowfall, peak wind gusts and wind damage, etc. Spotters provide ground truth and help the NWS put out accurate warnings and forecasts. A trained spotter can help their business or community by providing the early notification of a dangerous weather situation. Spotter training keeps the spotter and family safer when severe weather threatens.

###

MEMORIAL DAY RUN & RUCK MARCH

May 27, 2017 | 8:00 am | 500 Fairgrounds Rd, Castle Rock, CO | Register: <http://www.runningguru.com/EventInformation.asp?eID=27224>

The Memorial Day Run & March invites civilians, Veterans, and uniformed Military to challenge themselves in friendly competition while helping feed homeless Veterans. We have 3 routes to choose from: 5K Run, 10K Run, and 30K Ruck March.

The Ruck March will be administered by a Norwegian Army Officer who will be presenting ALL civilian Marchers and ALL QUALIFYING uniformed Military Ruck Marchers with the Norwegian Foot March Medal, worn by the Norwegian Army.

100% of your registration (and donations!) goes directly to helping Colorado Veterans.

###

20th ANNUAL EXCEL TRAINING CONFERENCE

June 27 -29, 2017 | Hilton Chicago | 720 South Michigan Avenue, Chicago, IL | Cost: \$1500.00 (\$1,699 for specialty tracks) | Website: at <http://eeotraining.eeoc.gov/excelmain.html>

The EXamining Conflicts in Employment Laws (EXCEL) is the premier training experience for EEO representatives, HR professionals, managers and supervisors, and attorneys in the Federal and private sector. Learn from our experts and stay on top of the employment law information you need. EXCEL 2017 is a three-day training conference designed to provide the latest EEO legal updates and dynamic course topics. Register for the pre-conference workshops held on June 26: Counselor/Investigator Refresher and Advanced Litigation before the MSPB.

CONTACT: Michelle Crew | 216 522 4794 | michelle.crew@eeoc.gov | Patricia McMahon | 303.866.1344 | patricia.mcmahon@eeoc.gov | TO BE AN EXHIBITOR: Mary Tiernan | 215.440.2671 | mary.tiernan@eeoc.gov

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DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

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TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> | <https://doiu.doi.gov/catalog.html?type=c>

###

TOASTMASTERS CLUBS

Denver Federal Center Dam Good Speakers Club

Tuesdays | 11:30 am - 12:30 pm | DFC Building 67 | Denver CO

CONTACT | vpm-302857@toastmastersclubs.org | <http://damgoodspeakers.toastmastersclubs.org>

Interior Business Center ASC Speakeasy Club

Wednesday's | 11:30 am - 12:30 pm | Meet at Building 7301 Security Desk

Contact Craig Brown | 720 432 0885 | ascspeakeasy@gmail.com |

<http://ascspeakeasy.toastmastersclubs.org/>

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VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to

iconn@colorado.feb.gov

###

HEALTH DOES MATTER

DENVER FEDERAL CENTER COED SOFTBALL LEAGUE

Games begin May 2017 | 2 slow-pitch COED leagues | Monday's (5 men/5 women) and Wednesday's (7 men /3 women) | Slots available for Teams and Players.

Softball brings people together for more than just games, grab your glove and get ready for some FUN! If you are interested in playing, please contact DFCCOEDSOFTBALL@GMAIL.COM

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>
www.FOH.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm
Denver Federal Center | Bldg. 67 | Hungry Horse Room
SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300
Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

###

PETS OF THE WEEK

Adopt a pet and save a life

Visit our website | <https://colorado.feb.gov/>

Guidance on moving with Pets

<https://www.goodcall.com/moving/moving-with-pets/>

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VOLUNTEER OPPORTUNITIES

Visit our website | <https://colorado.feb.gov/>

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JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

Helpful hiring tips from USAjobs.gov - https://help.usajobs.gov/index.php/Main_Page

Links to information on building your resume, etc. - <http://www.fs.usda.gov/main/r3/jobs/outreach>

OPM CyberCareers.gov website

<https://www.opm.gov/news/releases/2017/01/opm-launches-new-cyber-careers-website/>

USDA Forest Service, Rocky Mountain Region

2017 temporary employment can apply through USAJOBS or visit the Rocky Mountain Region website for more information.

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Lead and Asbestos Inspector | https://www.nowcc.org/states-with-open-positions/position-details/?position_id=3755

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CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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Have a safe and wonderful St. Patrick's Day weekend

Jeff

Jeff Conn | Acting Executive Director | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email